



## **Conflict and You: How to turn conflict into a creative force**

**In this 3-part webinar you gain awareness of your personal drama risks and you will try out new strategies to promote positive conflict.**

Drama and energy challenges are everywhere. You may face them when your own wants are not met, in a tense discussion atmosphere or when you experience irritating behavior and performance. If any of those situations drain you and you are curious to learn about the choices you have to shift conflict and create from it, then you may want to check out „Conflict and You“.

In this webinar you get your own drama resilience assessment (DRA) as a reflection instrument. You take the online assessment as preactivity. In the webinar series you will learn about your personal drama risks and your compassion skills. We will built on your experiences. In a mixture of input, discussion and reflection space you will gain awareness of how you can shift the space, impact the readiness of people to co-create and turn conflict into a creative force. And you will go first steps putting it into practice.

Uta Nachbaur is a certified facilitator of „Leading out of Drama®“ (by Next Element) a tool for drama resilience and positive conflict.

**Language:** English

### **CONTENT & SCHEDULE**

Part 1: 90 minutes - positive conflict, awareness of drama risks, ...

Part 2: 90 minutes - compassionate accountability™, compassion skills, ...

Part 3: 90 minutes - compassion cycle in action

**Venue of the event:** zoom

**Your Host:** Uta Nachbaur

**Contact:** ubnachbaur@key4c.com



**More information dates and tool (German):**

<https://key4c.com/kalender>